LIFE PURPOSE WORKSHOP BONUS

How to Connect With Your Life Purpose

(According to the 12 Zodiac Signs)

This bonus guide grew out of our Life Purpose workshop, where we reconnected with purpose through the Solar Eclipse in Leo. But there are many paths to purpose, and I wanted to explore this topic through the lens of all 12 signs in the zodiac. Each one speaks a different language.

This guide walks through this topic as approached by all twelve signs. Read your own sign(s) first, then read the rest. Purpose rarely comes from just one direction.



© Kesha Dent Astrology and Hypnotherapy 2026



Aries

TRAILBLAZE · BATTLE · INITIATE

What problem makes you angry enough to actually do something about it? Aries purpose is found not in waiting for permission but in being the first — the one who goes before a path exists and makes one. You do not need a plan. You need a fire and a direction. What do you want to eradicate? What cause do you want to lend your sword to? Aries finds purpose through action, not through thinking about action but through taking it, imperfectly and immediately.

What cause are you willing to fight for?



Taurus

RESOURCES · BUILD · STABILIZE

Taurus purpose is found in the material world and in creating beauty, stability and security for yourself and for others. You are here to build things that last. To gather resources and share them wisely. To teach others what you know about money, land, food, the body and the physical foundations of a genuinely good life. What do you know about creating security? What have you learned about resources — financial, physical, creative — that other people desperately need to know?

What would you build if you knew it would last forever?

© Kesha Dent Astrology and Hypnotherapy 2026



Gemini

LEARN · DISPERSE · CONNECT

Gemini purpose lives in the flow of information. In learning voraciously and sharing generously. In being the bridge between what is known and who needs to know it. You are here to communicate — to write, to teach, to talk, to translate complex ideas into language everyone can access. What do you know that other people do not? What have you learned through your own experience, study or curiosity that someone else is desperately searching for right now?

What is the thing you know — really know — that the world needs to hear?



Cancer

NURTURE · INHERIT · PROTECT

Cancer purpose is often received rather than chosen — passed down through the family line, inherited through the emotional body, handed to you by the people who came before you. You are here to nurture, to protect and to create genuine safety for others. Women. Children. Animals. Communities. The elderly. The vulnerable. The forgotten. The specific who is less important than the quality of the caring itself. What did those who came before you give you — intentionally or unintentionally — that is yours to carry forward and transform?

Who needs the specific kind of nurturing and safety that only you know how to provide?

© Kesha Dent Astrology and Hypnotherapy 2026



Leo

HEART · LEAD · PLAY

As we explored together in the Life Purpose workshop, Leo purpose is found by following genuine aliveness. Not what makes sense. Not what is practical. Not what anyone else thinks you should do. What lights you up? Leo is also the sign of leadership, the kind that emerges naturally when someone is living so fully and so genuinely from their own truth that others cannot help but follow. And Leo is the sign of children, of the inner child and of actual children. Heart. Leadership. Play. All three point toward the same thing — the courageous act of being fully and unapologetically yourself.

What would you do even if no one was watching and no one was paying?



Virgo

SERVICE · SOLVE · REFINE

Virgo purpose is found in service — in taking a genuine skill and applying it to a genuine problem. Not grand gestures but precise, thoughtful, practical help that actually makes a difference in the daily lives of real people. What are you genuinely good at? What problem do you know how to solve that other people find overwhelming? Virgo does not need to change the world in one movement. Virgo changes it one carefully considered act of service at a time.

What specific problem do you know how to solve better than almost anyone you know?

© Kesha Dent Astrology and Hypnotherapy 2026



Libra

PARTNERSHIP · BALANCE · HARMONIZE

Libra purpose is rarely found alone. It is found in relationship — in collaboration, in partnership, in the space between two people where something neither could create alone becomes possible. Libra is also the sign of marriage, intimate partnership and interpersonal dynamics. Your purpose may involve helping people navigate romantic, intimate or interpersonal conflict and in bringing balance, fairness and genuine understanding to the places where human relationships break down.

Where do you see imbalance or injustice in human relationships, and what would you most want to do about it?



Scorpio

TRANSFORM · RESURRECT · DESCEND

Scorpio purpose is found in the darkness — in the willingness to go where others will not, to look at what others look away from and to emerge transformed, resurrected, and ready to guide others through the same descent. You are here to help others heal from their darkest emotions, their deepest traumas and their most hidden shadows. Your own experience of darkness is not incidental to your purpose. It is the source of it. What have you survived? What have you transformed in yourself that others are still buried in?

What darkness have you walked through that you could now help someone else navigate?

© Kesha Dent Astrology and Hypnotherapy 2026



Sagittarius

TEACH · EXPAND · PHILOSOPHIZE

Sagittarius purpose is found in the accumulation and transmission of wisdom. You are here to teach, and specifically from a life genuinely and expansively lived. What have you learned? What do you believe about the nature of life, meaning, truth and what it means to be human? What wisdom have you gathered through your own experience, travel, study or spiritual practice that other people are searching for? Sagittarius purpose expands as it is shared — the more you give it away the more of it you have.

What is the most important thing you have learned in your life, and who needs to hear it?



Capricorn

AMBITION · ACHIEVE · EMBRACE CHALLENGE

Capricorn purpose is found at the intersection of difficulty and discipline — in taking on the hardest thing available and doing it with integrity over time. The challenge itself is not an obstacle to your purpose. It is the purpose. Capricorn grows by embracing what is hard rather than avoiding it. What is the most challenging, most meaningful, most lasting thing you can build? Capricorn is also the sign of career, business and professional legacy. Your purpose may involve building something of your own such as a business, an institution, a body of work, or in helping others to build theirs. Either way the question is the same.

What is the hardest thing you could do, and what would it mean if you actually did it?

© Kesha Dent Astrology and Hypnotherapy 2026



Aquarius

PROGRESS · INNOVATE · LIBERATE

Aquarius purpose is found in the collective — in the group, the community, the movement, the cause. You are here to progress society in some way. To invent, to innovate or to join forces with others who share your vision of a world that works better than this one. What do you want to see changed? What group of people do you most want to help? What would you fight for even if it took decades and you never got the credit?

What is the one thing you most want to change about the world, and who would you change it with?



Pisces

CREATE · FLOW · LOVE ALL

Pisces is the most mutable of all the signs, and that fluidity is its power. Pisces purpose does not have to be fixed, grand or permanent. You are allowed to let your heart give you a new mission every day, every month, every year as you flow along through life. Follow what moves you now. Let it change when it changes. Trust the current. Create for the joy of it. Help in the ways that feel natural and alive. And ask yourself honestly: who do I think needs love right now? Animals? The incarcerated? The sick? The forgotten? This hurting person who has entered your life?

Who needs love right now, and what would it feel like to quietly give it?

© Kesha Dent Astrology and Hypnotherapy 2026